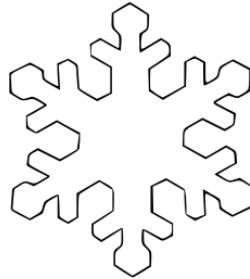


The Broken Bottle

WINTER 2013-2014



CAPITAL DISTRICT CENTRAL OFFICE
575 BROADWAY, SUITES 128-130
MENANDS, NY 12204
518.463.0906
We answer calls 24/7/365
www.aaalbanyny.org

“I am responsible. When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.”

With this issue of The Broken Bottle, you will find year-end information for ‘2013 about your Capital District Central Office’s activities and operations, and its expenses and the donations it received from Groups and individuals in and around the four-county area it covers. The CDCO depends on donations from the Groups it serves to operate its telephone service 24/7, 365 days a year, and to provide, 6 days a week, an office where people can purchase A.A. literature and pamphlets, find flyers about upcoming A.A. events, and get information about new meetings and meeting changes.

Last year was an eventful and challenging one for your Central Office. Sales of A.A. Conference-approved literature continue, and we have just recently added to our literature inventory several Grapevine publications. **Also for sale at \$.35 apiece are the ‘2014 HMB Schedule Books.** This year the Central Office ordered an ample supply to make available to Groups and individuals who didn’t order the books directly from the printer. Groups can order supplies by calling the Central Office at 518-463-0906.

At the end of July, the long-term Office Manager, Kate C., retired after eight years of dedicated service. Thanks to Kate, office procedures are fine-tuned and well-suited to guide the volunteers who help all who call or visit the office. The Office is currently operating without a Manager. For a good part of the year, too, CDCO business was carried out by less than a handful of Steering Committee members. Its positions of Chairperson, Secretary, and Literature Chair are all officially vacant. The work of these positions is currently being carried out by individuals who are serving in an

“acting” capacity. At the end of ‘2013, the CDCO webmaster, Bill W., rotated out, and in his place, Dave R. and Bill A. will be taking over. Thanks to Bill W. for his work in keeping the website going.

Efforts to encourage Groups to elect “Central Office Representatives” to serve as links between their Groups and the Central Office continued, and more and more “COR’s” began attending the monthly CDCO business meeting, held on the third Tuesday of every month at 7:00 pm in Room 130, at 575 Broadway, Menands, NY, 12204. All interested members are welcome to attend.

The Central Office is grateful for all of the support it has received and continues to receive from the Groups and A.A. membership throughout the Capital District area.

Marcia G., Acting CDCO Chairperson

Share your experience, strength, and hope with others in our newsletter. Email us your meeting announcements: dhale@insideaddiction.org

CDCO ANNUAL EXPENSES - 2013

	<i>Jan</i>	<i>Feb</i>	<i>Mar</i>	<i>Apr</i>	<i>May</i>	<i>June</i>	<i>July</i>	<i>Aug</i>	<i>Sept</i>	<i>Oct</i>	<i>Nov</i>	<i>Dec</i>	<i>Total</i>
Rent	225.00	225.00	225.00	225.00	225.00	225.00	225.00	225.00	235.00	235.00	235.00	235.00	2740.00
Verizon	91.73	87.93	86.42	86.43	93.19	92.37	91.10	91.07	91.49	90.62	91.70	91.93	1085.98
Office Supplies	122.18	7.55	46.25	43.83	51.05	69.34	36.58	279.40	52.20	12.40	0	0	720.78
Office Manager	200.00	200.00	200.00	200.00	200.00	200.00	200.00	0	0	0	0	0	1400.00
Super-Media	75.40	75.40	75.85	75.85	115.60	115.60	115.60	115.60	115.60	115.60	115.60	115.60	1227.30
Broken Bottle	27.54												27.54
Durable Goods													213.84
Donation to GSO										100.00			100.00
Trans to Lit Acct			100.00		500.00								600.00

TOTAL: \$8,115.44

CDCO ANNUAL DONATIONS – 2013

<i>Jan</i>	<i>Feb</i>	<i>Mar</i>	<i>Apr</i>	<i>May</i>	<i>June</i>	<i>July</i>	<i>Aug</i>	<i>Sept</i>	<i>Oct</i>	<i>Nov</i>	<i>Dec</i>
958.00	175.00	1029.00	375.00	480.00	912.00	1610.00	718.00	716.00	591.00	1395.00	317.00

TOTAL: \$9,276.00

CAPITAL DISTRICT CENTRAL OFFICE
Report of Phone Calls Received and Other Data
2013 ANNUAL REPORT

The office has been operating at 575 Broadway, Suites 128-130, Menands, NY 12204 (518-463-0906) since November 10, 2005. A daily log has been kept of all phone calls received since that opening day. The following is the Annual Report for 2013.

Telephone Calls

District	Coverage	# of Calls Rec'd.	% of Total
District 1	(Albany region)	837	55%
District 2	(Troy-Cohoes region)	240	16%
District 14	(Schenectady region)	279	18%
District 17	(Hudson-Kinderhook region)	78	5%
District 18	(Rensselaer-Nassau region)	81	5%
	Total	1515	*
Calls from other NYS sites		332	
Calls from out of state		48	
	Total	380	
CDCO business & miscellaneous calls		178	
	TOTAL CALLS	2,073	

The Office handled an average of 5.7 calls per day during 2013.

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|                                      |            |
|--------------------------------------|------------|
| General office visits                | 76         |
| Office visits to purchase literature | 226        |
|                                      | <b>302</b> |

The CDCO sold \$7,488 in AA literature during 2013 to 226 Groups or individuals. All literature was sold at cost. Manager's emails ([manager@aalbanyny.org](mailto:manager@aalbanyny.org)): 36 e-mails received and resolved.

\*Percentage does not equal 100% due to rounding.

Respectfully submitted, CDCO Data Coordinator, Tom O'

## 2013 GROUP DONATIONS

| Group Name                               | Donation | # Donations | District |
|------------------------------------------|----------|-------------|----------|
| 59 Minute Meeting                        |          |             | 2        |
| Accept and Survive                       |          |             | 2        |
| A Step at a Time                         | 25       | 1           | 1        |
| A Vision For You                         |          |             | 1        |
| A Vision for You                         |          |             | 17       |
| Acceptance                               |          |             | 1        |
| Accept and Survive                       |          |             | 2        |
| Albany Fellowship                        |          |             | 1        |
| Albany West End                          |          |             | 1        |
| Albany Young People                      |          |             | 1        |
| Altamont                                 | 200      | 1           | 14       |
| Altamont Sobriety                        |          |             | 14       |
| Ancramdale                               |          |             | 17       |
| Another Chance                           |          |             | 1        |
| Answered Prayer                          |          |             | 1        |
| An Unshakable Foundation                 |          |             | 2        |
| Any Lengths                              |          |             | 1        |
| Arcade                                   |          |             | 1        |
| As Bill Sees It                          | 50       | 1           | 1        |
| Back On Track                            | 20       | 1           | 1        |
| Back To Zero                             |          |             | 17       |
| Blue Teapot Big Book                     |          |             | 18       |
| Bring Your Own Big Book (Newtonville)    |          |             | 2        |
| Bring Your Own Book (BYOB) (Schenectady) |          |             | 14       |
| Bring Your Own Coffee                    | 150      | 3           | 1        |
| Broad Highway                            |          |             | 1        |
| Canaan                                   |          |             | 17       |
| Candlelight Step                         |          |             | 14       |
| Caring & Sharing                         |          |             | 18       |
| Castleton Carry the Message              |          |             | 18       |
| Center Square Promises                   |          |             | 1        |
| Clarksville Tuesday Night                |          |             | 1        |
| Claverack Rap                            | 60       | 3           | 17       |
| Cohoes A.A. Nponers                      |          |             | 2        |
| Cohoes Friday Night                      |          |             | 2        |
| Cohoes Serenity                          | 231      | 1           | 2        |
| Cohoes Sun Night 12 Step                 | 20       | 1           | 2        |
| Cohoes Wed Evening                       |          |             | 2        |
| Coming Back                              |          |             | 1        |
| Conscious Contact                        |          |             | 1        |
| Copake Falls Sunday Night                |          |             | 17       |
| Copake Rap                               |          |             | 17       |
| Courage To Change                        |          |             | 1        |
| Crescent                                 |          |             | 2        |
| Crypt                                    |          |             | 1        |

## 2013 GROUP DONATIONS (continued)

| Group Name                    | Donation | # Donations | District |
|-------------------------------|----------|-------------|----------|
| Day After                     |          |             | 2        |
| Don't Quit                    |          |             | 1        |
| Duanesburg                    |          |             | 14       |
| Eagle Mills Bottom Line       |          |             | 2        |
| Early Risers                  |          |             | 2        |
| Easy Risers                   |          |             | 17       |
| Easy Does It                  |          |             | 2        |
| Elizaville                    |          |             | 17       |
| End Of The Road               | 40       | 1           | 1        |
| Experience Strength and Hope  |          |             | 1        |
| Fix It Now                    | 100      | 2           | 2        |
| Four Corners                  |          |             | 1        |
| Fourth Edition Big Book       |          |             | 2        |
| Franklin Street               |          |             | 14       |
| Fresh Start                   |          |             | 18       |
| Friday Big Book               | 180      | 3           | 14       |
| Friends of Bill (Newtonville) |          |             | 1        |
| Friends Of Bill W             |          |             | 1        |
| Friday Night Owl              |          |             | 2        |
| Fri Night Life With Hope      | 50       | 1           | 2        |
| Glenville Men's 11th Step     | 100      | 1           | 14       |
| Good Friday                   | 100      | 1           | 14       |
| Goya                          |          |             | 17       |
| Gratitude                     | 65       | 3           | 1        |
| Great Sacandaga Lake          |          |             | 4        |
| Green Island George St        |          |             | 2        |
| Grupo Fuente De Vida          |          |             | 1        |
| Hampton Manor Big Book        | 10       | 1           | 18       |
| Happy Hour Hour               | 325      | 4           | 1        |
| Happy, Joyous, and Free       |          |             | 2        |
| Healthy Choices               | 50       | 1           | 1        |
| Helderberg                    |          |             | 1        |
| Higher Power                  |          |             | 1        |
| Highroad To Freedom           |          |             | 1        |
| Hour Of Power                 |          |             | 18       |
| How It Works                  |          |             | 1        |
| How It Works                  |          |             | 17       |
| I Am Responsible              | 200      | 2           | 2        |
| In Focus                      |          |             | 18       |
| Joy of Living Step            | 200      | 1           | 2        |
| Keeping It Green 17           |          |             | 1        |
| Kinderhook Friday Night       | 11       | 2           | 17       |
| Late Bloomers Big Book        | 20       | 1           | 18       |
| Late Bloomers Candlelight     |          |             | 18       |

## 2013 GROUP DONATIONS (continued)

| Group Name                   | Donation | # Donations | District |
|------------------------------|----------|-------------|----------|
| Latham Hi-Nooners            |          |             | 1        |
| L/G/B/T Peoples              |          |             | 1        |
| Lambda                       |          |             | 1        |
| Lantern                      |          |             | 1        |
| Light for Dark Places        |          |             | 18       |
| Live and Let Live North      |          |             | 17       |
| Live Easy But Think First    | 85       | 3           | 2        |
| Living Sober (Albany)        |          |             | 1        |
| Living Sober (Latham)        |          |             | 2        |
| Living Sober (Watervliet)    |          |             | 2        |
| Living Sober (Voorheesville) | 70       | 1           | 1        |
| Milk and Honey               |          |             | 17       |
| Monday Miracles Womens       |          |             | 2        |
| Morning Wake Up              |          |             | 14       |
| Nassau Tuesday Night Step    | 25       | 1           | 18       |
| Near Noon                    |          |             | 18       |
| Never Too Young              |          |             | 1        |
| New Beginning                |          |             | 1        |
| New Beginning                |          |             | 2        |
| New Beginnings               |          |             | 14       |
| New Hope                     |          |             | 2        |
| New Hope                     | 250      | 5           | 14       |
| New Lebanon                  |          |             | 18       |
| Niskayuna Beginners'         | 75       | 2           | 14       |
| Niskayuna Fresh Start        | 250      | 4           | 14       |
| No Free Lunch                |          |             | 1        |
| North Greenbush              |          |             | 2        |
| Not Yet                      |          |             | 1        |
| One Day At A Time            | 15       | 1           | 1        |
| Open Hearts Fellowship       |          |             | 2        |
| Original Clinton Heights     |          |             | 18       |
| Original Colonie             |          |             | 1        |
| Original Green Island        | 80       | 3           | 2        |
| Original Out to Lunch Bunch  |          |             | 2        |
| Original Troy                |          |             | 2        |
| Original Voorheesville       | 70       | 1           | 1        |
| Out From Under               | 25       | 1           | 1        |
| Out Of The Pit's             |          |             | 2        |
| Out To Lunch Bunch           | 500      | 1           | 18       |
| Pass It On                   |          |             | 2        |
| Peace & Sobriety Step        | 100      | 1           | 2        |
| Philmont A.A. Way of Life    |          |             | 17       |
| Pine Hills                   | 200      | 1           | 1        |
| Pot of Gold                  |          |             | 1        |

## 2013 GROUP DONATIONS (continued)

| Group Name                    | Donation | # Donations | District |
|-------------------------------|----------|-------------|----------|
| Pot Of Gold                   |          |             | 17       |
| Preservation of A.A.          |          |             | 1        |
| Primary Purpose               | 100      | 1           | 1        |
| Primary Purpose               |          |             | 18       |
| Progress Not Perfection       |          |             | 1        |
| Promises Do Come True         | 50       | 1           | 1        |
| Red Door                      | 192.15   | 4           | 2        |
| Rensselaer Wednesday Night    |          |             | 18       |
| Rotterdam Mid-Day Step        |          |             | 14       |
| Round Table                   | 375      | 4           | 14       |
| Sad-Bad-Glad                  |          |             | 1        |
| Saturday A.M. Eye Openers     |          |             | 1        |
| Saturday Morning Gratitude    | 75       | 2           | 2        |
| Saturday Night Church         |          |             | 14       |
| Schaghticoke 12 & 12          |          |             | 2        |
| Schenectady Clubhouse         | 100      | 1           | 14       |
| Scotia                        |          |             | 14       |
| Seeds of Change               |          |             | 1        |
| Seeing is Believing           |          |             | 2        |
| Selkirk                       | 40       | 2           | 1        |
| Serenity                      |          |             | 14       |
| Seton Hall                    |          |             | 2        |
| Share At Noon                 | 20       | 1           | 18       |
| Siena Serenity                | 350      | 2           | 2        |
| Simple Kit of Spiritual Tools |          |             | 1        |
| Slingerlands Mid Day Step     | 60       | 1           | 1        |
| Sober Circle                  | 175      | 1           | 2        |
| Sober Gay Mens                |          |             | 1        |
| Sobriety on Sunday            |          |             | 14       |
| Soft Place to Land            | 95       | 2           | 1        |
| Soggy Tuesday                 | 75       | 1           | 18       |
| South Mall                    |          |             | 1        |
| Steps to Freedom              |          |             | 1        |
| Summit                        |          |             | 14       |
| Sunday Afternoon              |          |             | 17       |
| Sunday Eve At 7               |          |             | 17       |
| Sunday Evening Womens         | 57.50    | 4           | 14       |
| Sunday Morning Promises       | 500      | 2           | 1        |
| Sun Nite Big Book Study       |          |             | 2        |
| Teardrop                      | 500      | 1           | 1        |
| The Big O'C                   |          |             | 2        |

## 2013 GROUP DONATIONS (continued)

| Group Name                  | Donation       | # Donations | District |
|-----------------------------|----------------|-------------|----------|
| The New Step Start          |                |             | 1        |
| There Is A Solution         |                |             | 1        |
| Thursday Afternoon Women's  |                |             | 2        |
| Thursday Night Gang         |                |             | 1        |
| Thursday Topic Meeting      |                |             | 14       |
| Tranquility                 |                |             | 1        |
| Tri-Village                 |                |             | 1        |
| Troy Young People's         |                |             | 2        |
| Tuesday Night Step          |                |             | 1        |
| Tuesday Night Waterford     | 15             | 1           | 2        |
| Twin Town                   | 100            | 2           | 2        |
| Uptown Saturday Nite        |                |             | 1        |
| Voorheesville Grapevine     | 70             | 1           | 1        |
| Way Out                     | 50             | 1           | 2        |
| Wednesday Evening Chatham   |                |             | 17       |
| Wednesday Morning Step      |                |             | 1        |
| Wednesday Night Women's     |                |             | 18       |
| Welcome Back                |                |             | 1        |
| Welcome Hand                | 165            | 4           | 2        |
| Welcoming Women To Recovery |                |             | 2        |
| Westmere Beginners          |                |             | 1        |
| Winners Circle              |                |             | 1        |
| Womens                      |                |             | 1        |
| Women's Quiet Courage       | 20             | 1           | 1        |
| Wonderful Wednesday Womens  | 35             | 1           | 14       |
| Yankee Doodle Beginners     |                |             | 18       |
| Young Hope Young People's   |                |             | 17       |
| Young Peoples               |                |             | 14       |
| Young Timers in Action      |                |             | 14       |
| District 2 Groups*          | 1054.93        | 12          |          |
| District 14 Groups*         | 100            | 1           |          |
| District 17 Groups*         | 433            | 2           |          |
| Groups Outside CDCO Area    | 60             | 2           |          |
| Anonymous                   | 456.26         | 9           |          |
|                             |                |             |          |
| <b>Total</b>                | <b>9275.84</b> | <b>128</b>  |          |

\*"District" contributions made by Groups that voted to donate to CDCO as a District

**Feedback Welcome:** We encourage our readers to submit their stories and letters to the editor including ideas for articles, information about upcoming AA events, and suggestions about what you would like to read in our/your newsletter by emailing me at: [dhale@insideaddiction.org](mailto:dhale@insideaddiction.org).

Until next time, take it one day at a time.

-Dean H., Newsletter Editor