

The Broken Bottle

Newsletter of the Capital District Office
11 Computer Drive West, Suite 100 Albany, N.Y. 12205 -- (518) 463-0906

SUMMER - 2017



So how did everyone like having all four seasons in one single week? I wasn't particularly happy about the whole thing, but it's all behind us now. The sun is shining and I'm ready to start all the fun.

Our Events page has some great events and if nothing there interests you, grab a few friends and head to an out of town meeting, or a trip to get ice-cream after the meeting (one of my favorites). Or how about an impromptu trip to the lake? A gathering of friends at a BBQ? I love the freedom sobriety gives me to be able to do things!

I am located in District 14. However, the Capital District Central Office covers more than District 14. I would love to hear from anyone in other districts. Do you have an experience to share, a story to tell or an event to share? I welcome submissions of any kind. Simply forward your submission to the central office (chair@aalbanyny.org) and title it "For the Newsletter" and our Chairperson, Trish, will get it to me!

Debbie P., Newsletter Editor

Greetings from the Central Office Chairperson;

Hello everyone, summer is upon us. Hoping you all have a fantastic fun filled summer this year. There are so many sober events and activities happening all around us in various districts. You can always check our website and click on events, most of what is happening is posted on our website. I am planning on being in attendance at a few of these events so maybe I will see you there.

The Central Office is doing great and we appreciate all your support! I also hope to see you at our giveaway on August 25th for the valley cats game! It's also disco night so it should be lots of fun. We wanted to show our appreciation for everyone's support. Please see below for more information about the tickets! Take care and have a great summer!

Yours in Service, Trish M

LET'S GO CATS!

To thank the groups and individuals it serves for their loyal support, the Capital District Central Office is offering free baseball game tickets to the LOWELL SPINNERS VS. TRI-CITY VALLEY CATS held on Friday, August 25th at "the Joe".

20 tickets will be given to each of the districts the CDCO covers (100 total). Tickets can be picked up at the CDCO any time during office hours. 10-6 Monday through Friday or 12:00 to 4:00 Saturday. Limit 2 tickets per person please.



Looking to get involved?

One of the best ways is to go to your District Business meeting or join a committee or group! If you would like your District Business Meeting listed, have service opportunities or an announcement, let me know.

DISTRICT 1:

In District 1, AA members bring meetings to the Hope House Adolescent Boys', Adolescent Girls and Adult Men's Units, to the Capital District Psychiatric Center (CDPC), to the St. Peter's Addiction Recovery Center (SPARC) in Guilderland and to the Detox Unit at St. Peter's Hospital.

Current Needs and Updates:

1. We need a group or individual(s) to take the CDPC (Capital District Psychiatric Center) step meeting on the second Tuesday of each month at 6:00 P.M.
2. We need individuals to assist the AA member taking the St. Peter's detox unit meeting on the third Saturday of each month at 1:30 P.M.
3. If you are looking for a service commitment for 2018 - 2019, consider standing for the District Treatment Committee Chair position at our elections in the fall.

At all times, volunteers are welcome to bring meetings to any of the facilities or to be a speaker at any of the meetings. Surveys show that about one - third of the newcomers to AA join us after hearing the AA message at a treatment facility, so please contact the Treatment Committee at district1treatment@aahmbny.org if you can support these meetings.

DISTRICT 18:

HMB District 18 holds its Business Meeting on the 2nd Wednesday of each month at 7:00 p.m. at the Blooming Grove Reformed Church, Blooming Grove Drive in Defreestville, NY. Volunteers and members welcomed and encouraged to attend.

Being involved in Service Work doesn't have to involve a lot of your time. Even once a month, exchanging a few hours of watching TV, for a few hours of helping another alcoholic that needs our help. This can have a huge impact on other people trying to get & stay sober and have a surprising positive impact on you as well. The Central Office is looking for a Secretary and an Archivist. If you are interested, please call the office at (518) 463-0906.

Office Volunteers needed! The Office Volunteers are AA members who answer the phone and greet and provide services to visitors to the Office during hours it is open. A minimum of one year of continuous sobriety is suggested for this position.

Night Owl Volunteers needed! The Night Owls are AA volunteers who take phone calls at home that are forwarded from the Central Office phone during the hours the Office is closed. A minimum of one year of continuous sobriety is suggested for this position.



Capital District Central Office 12th Step List 12th Step service is vital to an A.A. member's continuing spiritual development. The CDCO maintains 12th Step lists for the groups in each district we serve. Please consider signing up to make yourself available to give rides to a meeting for A.A.'s visiting from out of town, or people new to the Fellowship. You will also have the opportunity to talk on the phone or go on a 12th Step call with another A.A. to share your experience, strength and hope with somebody who has called CDCO looking for help. Let us know your home group or district so that we can match you up with callers close by.

Capital District Central Office E-Z Riders List The CDCO routinely gets calls from people visiting from out of town. They may be unfamiliar with the area and are looking for rides to local meetings. We also get calls from people new to A.A. who are in the same boat. A.A. members who want to help carry their group's message of recovery are encouraged to sign up as E-Z Riders. By bringing visitors or new folks to your meeting, you will be helping them, your group, and yourself- it's a Win Win Win! Please let us know your name, phone number and home group (or other groups you're willing to give a ride to) and we will put it on our list.

Your contact information will be held in the strictest confidence by CDCO. CDCO does not provide A.A. member contact information to any callers or other entities. Call us at 518-463-0906 or email chair@aaalbanyny.org.

Events:

District 1 Service Fair and Barbeque

Date/Time: Saturday, Jun 24, 2017 11:00AM - 2:00PM

Location: Pine Grove United Methodist Church, 1580 Central Avenue, Albany, NY

Group: District 1 & YPAA Albany

- Meet your district's Committee Chairs, YPAA and Central Office Trusted Servants
- LOTS of literature will be raffled off
- Barbecue!!

2017 Summer Bash Picnic Hosted by District 18



Date/Time: Sunday, July 9 from 12:00 noon to 5:00 p.m.

Location: Schodack Town Park, 498 Poyneer Road, Schodack, N.Y.

More Info: Suggested Donation: \$5.00 – Please bring a dish to share.

Speaker Meeting at 4:00. Raffles and Door Prizes. For more information contact summerbash2017@yahoo.com

11th Annual Burning Desire Bonfire

Date/Time: August 11th – 13th, 2017

Location: Rip Van Winkle Campground, 14 Blue Mountain Rd., Saugerties, NY 12477

More Info: *See attached flyer*



Unity Day- Hosted by District 14
Service in Recovery

Date/Time: August 19, 2017, 11:00 a.m. to 4:00 p.m.

Location: Bukendall Temple, 22 Schonowee Avenue, Scotia N.Y.

More Info: *See attached flyer*

“Design for Living That Really Works”

Big Book Step Workshop and Retreat

Date/Time: Friday, Aug 25, 2017 5:30PM - Sunday, Aug 27, 2017 12:30PM

Location: Pyramid Life Center, 1 Pyramid Rd, Paradox, NY 12858

Group: Set-Aside Group of AA, Defreestville, NY

Contact: Contact Paul P @ pmpomykala@hotmail.com for more info/registration.

ESCYPAA IV Annual Campout

Date/Time: September 15-17, 2017

Location: Pine Grove Family Camp, Saratoga Springs, NY

More Info: *See attached flyer*

Save The Dates:

H.M.B. AREA 48 CONVENTION

“Supporting Our Future”

Date/Time: November 3, 4, 5, 2017

Location: Ramada Conference Center, 542 Route 9, Fishkill, NY 12524

ESCYPAA IV

Date/Time: November 9 – 12, 2017

Location: Radisson Hotel Albany, 205 Wolf Road, Albany, N.Y. 12205

More Info: *See attached flyer*

For more ESCYPAA Events, you can find the calendar at <https://escypaa4.org/calendar>

31st International Men’s Conference

IAAMC NY 2018 - New York City

APRIL 20-22 2018

Hilton New York – JFK Airport – Queens, NY

31st ANNUAL 3 DAY MEN’S CONFERENCE

More Info: *See attached flyer*

The next monthly business meeting is scheduled for Tuesday July 11, 6:30PM
@ 11 Computer Drive West, Suite 100, Albany, NY. All are welcome!



27th Annual Unity Day 2017

AUGUST 19, 2017

11:00 a.m. TO 4:00 p.m.

Bukendall Temple
22 Schonowee Ave., Scotia NY 12302
Hosted by District 14

This year's theme is "Service in Recovery"

"It is one of the most beautiful compensations of this life, that no man can sincerely try to help another without helping himself." *Ralph Waldo Emerson*



Join us for:

Great Speaker Meetings
Fellowship
Sobriety Countdown
Games and Raffles
Food and Drink

*Friends and Family
Welcome!*



Join the fun! If you are interested in volunteering contact:

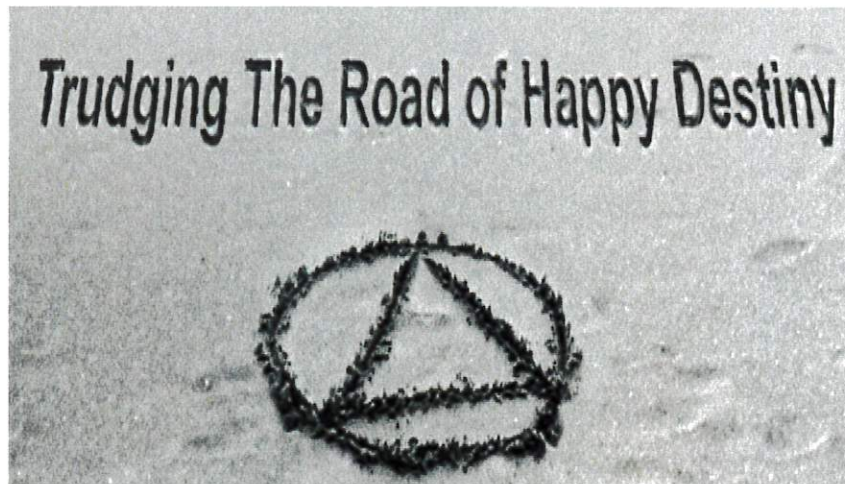
Liz D. at lalalzd@aol.com
or Trish M. at trish968@aol.com

DISTRICT 1'S SERVICE FAIR:

A.K.A. "SERVICE IS FUN!"

Come one, come all!

Meet your District's Officers, DCM & Alt DCM (District Committee Member), Committee Chairs, including YPAA, and Central Office trusted servants; find out how rewarding it is to give back to A.A. that which was so freely given to you.



**Saturday, June 24th,
2017
11:00am to 2:00pm**

**Pine Grove
Methodist Church,
1580 Central Ave.**

**Have you ever wondered
what's involved in doing
service on the District
level??**

**Well, this event will
provide you with
everything you've always
wanted to know, and
more!**

**The YPAA Committee
will be hosting a
barbecue!**

**LOTS OF A.A.
LITERATURE WILL BE
RAFFLED OFF.**

ESCYPAA IV

"We have been given the keys of the kingdom"

Radisson Hotel Albany

205 Wolf Road Albany NY. 12205

November 9th-12th 2017

\$10

\$15 - April 1st



Name _____

Phone _____

Address _____

City, State, Zip _____

Email _____

Sobriety Date _____

Willing to volunteer? Yes / No

Accessibility Requests?

Scholarships? ___ Cash/Credit

Want to help with Outreach?

AA, Alanon, Alateen

PO Box: 66281 Albany, NY 12206

Call - 864 ESCYPAA

31st International Men's Conference

(A Special Event)

IAAMC NY 2018

NEW YORK CITY

APRIL 20-22 2018

Hilton New York – JFK Airport – Queens, NY

31st ANNUAL 3 DAY MEN'S CONFERENCE

(The International Men's Conference is designed to help men better understand the principles and practices of the AA way of life. We are men who are members of Alcoholics Anonymous)

Online Conference Registration Is Open

Website: www.iaamc2018.org

Conference Registration \$45.00

Banquet Dinner (Saturday Night) \$65.00

(PLEASE REGISTER EARLY FOR THE CONFERENCE- CONFERENCE WILL BE CAPPED AT 1000 REGISTRANTS)

BY MAIL: Make Checks Payable to: IAAMC NY 2018

P.O. Box 790047

Middle Village NY 11379

Online Hotel Registration Is Open

Website: www.iaamc2018.org

Room Rate \$160 Double or King Room (Use Code "IAAMC") or Call **1-800-445-8667**

(Rates available 2 days before and 2 days after conference)

(General Questions or to Sign Up to Volunteer)

Contact: Neil M. 347-235-3030 – Dan J. 917-756-1350 – Dennis C. 347-228-6564 – Willie L 347-567-9744

(Tours to Manhattan, General Services & Broadway Show Available) Contact: Keith D. 305-450-0764

(Please periodically check our website for additional tour, entertainment and conference updates)

Name: _____ Phone: _____

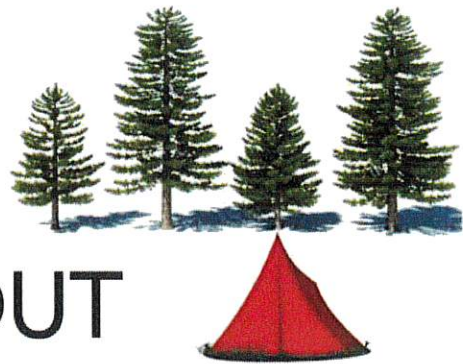
Address: _____ City _____ State _____ Zip Code _____

Email _____ Home Group: _____

Registration: \$45.00 _____ Banquet: \$65.00 _____ Would you like tour information? Y ___ N ___

ESCYPAA IV

ANNUAL CAMPOUT



"We have been given the keys of the Kingdom"

Location:

**Pine Grove Family Camp
41 Pine road
Saratoga Springs, NY 12866**

Date: September 15-17, 2017

Pre-Register Now (circle one)

Lodging Prices are per person and include 2 nights stay

Cabin + Registration : \$40

Tent + Registration: \$30

Registration day rate: \$10 (hurry! prices may increase!)

Name: _____

Phone/ Email : _____

Sobriety date: _____ Volunteer? YES / NO

Sponsoring Someone? YES / NO Amount _____

**Visit Escypaa4.org or Email campout@escypaa4.org,
volunteer@escypaa4.org for more information**

ESCPAA IV and the Hudson Valley Bid for ESCYPAA are proud to present the 11th Annual

Burning Desire Bonfire

"Children of Chaos, we have defiantly played with every brand of fire, only to emerge unharmed and, we think, wiser."

-- 12 & 12 p. 146

Date and Time Aug 11-13

Location:

Rip Van Winkle Campground
14 Blue Mountain Road
Saugerties, NY 12477



Questions? Concerns?

Johnny: Chair@hvypaa.com

Ari: Co-Chair@hvypaa.com

Morgan: Registration@hvypaa.com

IMPORTANT!

Instructions from Rip Van Winkle Campground:

Speed limit is 5 Mph! Tents (NOT PROVIDED) are only to be set up in our designated areas. Fires are only permitted in designated fire pits. You must arrive at the campground no later than 9 pm or you will not be allowed in. Checkout on Sunday is 11am sharp. All garbage must be collected and disposed of properly. Please be respectful of the property and staff. If you do not follow the rules the campground will ask you to leave without a refund.

**Registration fee does not cover the discounted campground fee of \$14 per night
We provide one meal Saturday night, other meals are your responsibility.**

PRE-REGISTER TODAY FOR \$10.00

Name: _____ Email: _____

Address: _____

Phone: _____ Sobriety Date: _____

Number of Registrations: _____ Willing to Volunteer? Yes/No

Number of Scholarships: _____

Total Amount Paid: _____

Cash or Card:

