

## **SPECIAL CALLS IN March 2021**

The Central Office received 148 calls in March 2021. Beneath that cold number are special times when the hand of our volunteer was there when the hand of five callers reached out for help.

**3/3/21, 12:00 p.m.** A woman says she “is not good with the computer.” Would like live meetings in the Albany/Troy area. The volunteer mailed a list to her.

**3/8/21, 4:00 p.m.** A female graduate student in social work requests information about attending AA meetings. The volunteer gave her an overview and relevant information.

**3/10/21, 12:30 p.m.** A woman, one week sober, wants a sponsor. Has never been to an AA meeting. Says she is familiar with the HMB website. The volunteer suggested she go to meetings, find someone she can relate to, and get a sponsor that way. Suggested she call back with any other questions or difficulties.

**3/15/21, 3:00 p.m.** Man lost his job today. Needs AA again. Has been to several facilities, “but that did not work.” Doesn’t drink every day. Detox not a concern. The volunteer walked him through the online sites. He agreed to talk to a recovering alcoholic. A man from the 12<sup>th</sup>-step list talked to him.

**3/23/21, 3:30 p.m.** A local woman calling for a friend who was at her home but lives in Oneonta. Wants young people’s meetings there. The volunteer gave her some meetings using the HMB meetings site.