

Capital District Central Office, (CDCO)

SAMPLE CALLS in May 2024

The Central Office received 95 phone calls during May 2024. Beneath that cold number are these ten times when our AA volunteer's hand was there when a hand reached out for help:

05/02/2024, 12:36 p.m. A gentleman called from a treatment facility in Ohio along with his counselor. They were looking for sober men available to provide support when he returns to this area. Our volunteer let them know about our 12th Step lists for men and women. Our volunteer gave out his own name and number and also called 4 names from that District's 12th Step Volunteer list. The volunteer established a connection between the gentleman in treatment and a 12th Step volunteer.

05/03/2024, 2:04 p.m. A woman called stating she has a problem with drinking. Our volunteer talked about what she needs to do to take care of herself and the importance of getting to a meeting. Our volunteer located several meetings near her location. The woman promised to attend a meeting the next day.

05/08/2024, 2:38 p.m. A caller from Kansas City, MO will be visiting Albany in the near future and was looking for meetings. Our volunteer gave them the meeting information requested.

05/11/2024, 5:07 p.m. A Spanish speaking AA member called the Central Office and volunteered his name and phone number to be given to people who are curious about Spanish speaking meetings. The Spanish speaking meeting in Albany is at Blessed Sacrament at 6:30pm Saturday nights.

05/15/2024, 12:20 p.m. A woman called looking for rides to meetings temporarily as she is unable to drive for a short time. Our volunteer called 6 women on that District's 12th Step List and several said they could help and would contact the caller about rides. Our volunteer gave the woman that info.

05/16/2024, 2:10 p.m. A caller, new to this Area, wanted to attend meetings in an area where access to the internet/web was unavailable. Our volunteer looked up several meetings in that area and texted the caller with the meeting information.

05/24/2024, 3:40 p.m. An AA member called to see if the old "Candlelight" meeting on Morris Avenue in Albany was still live. It is not. Our volunteer was able to find another Saturday night live meeting on Hudson which is nearby the old "Candlelight" meeting.

05/27/2024, 10:10 a.m. An AA member called to have \$80 in literature set aside for him to pick up the next day - Big Books, Hard over 12 & 12s, Meetings in a Pocket, Living Sober, and Coins.

05/29/2024, 5:21 p.m. A caller was looking for a meeting for his father who is ready to stop drinking. Our volunteer gave the caller information for a few meetings and also guided the caller to the website to access the online meeting list to find more.

05/31/2024, 13:35 A caller thinks she has a problem with alcohol. Our volunteer talked with her about attending an Alcoholics Anonymous meeting. Our volunteer explained how meetings work and what to expect. Our volunteer let her know that we are here 24-7 if she wants help.