

Capital District Central Office (CDCO)

SAMPLE CALLS IN March 2025

The Central Office received 101 calls in March 2025. Beneath that cold number are these eight times when our AA volunteer's hand was there when a hand reached out for help.

March 3, 2025

First Time Caller

New to A.A.

J. from Averill Park called looking for a ride to a meeting. I contacted CDCO Volunteer B.K. on the Dist. 18 volunteer list. CDCO Volunteer said she would call J. within the hour and arrange taking her to a meeting. I texted BK all of J's contact info.

March 4, 2025

CDCO Night Owl Report: Woman from 518 438-xxxx which came up on the phone REHAB SUPPORT, started calling at 8:43 PM and continued 10 times until 11:30 PM. Wanted info on NA and AA meetings, tried to help with her request, but to no avail. She had called before, but this time was incoherent. She gave no other details. Please be aware of the phone number.

March 5, 2025

Man who called earlier about East Greenbush meetings wanted to know about a noon meeting in downtown Albany. Gave him the highroad to freedom group at first Church of Albany. I told him R. goes there, and he knows R. !

March 7, 2025

First Time Caller

New to A.A.

Woman called looking for suggestions concerning finding the God of my understanding. We talked for over 20 minutes. suggested such things as reaching to other people in the fellowship. Bring up the topic at meetings reading AA material pamphlets Daily Reflections . told her the fact that she is asking these questions she is in the right place. trying to understand who our higher power is an ongoing process. Reminded her we are 24 -7 that she can call us back anytime

March 16, 2025

First Time Caller

Man calling from Catskill wanting a ride to a meeting. I was driving to an AA meeting at noon and was in the car, asked him to let me call him back after the AA meeting and I would try to get him a ride.

I called his number back at 1:30 there was no answer. Left a voicemail. Called back again at 2:30. Man answered, slurred in speech appeared he was inebriated. He hung up the phone.

March 18, 2025

First Time Caller

New to A.A.

O. from CDPC called looking for meeting info for her clients. She's new to CDPC. She is able to arrange for her client's transportation to noon time meetings. I gave her an overview of what happens at meetings, and we went through the list of meetings in Albany at noon each day so she could find the best ones for her clients. Very appreciative for our help.

March 21, 2025

First Time Caller

New to A.A.

Received phone call from employer from Kingston area that was looking for meeting for his Spanish speaking employee who only speaks Spanish . Contacted J. he said he will try to contact G. (Spanish speaking volunteer) Provided J. with nyintergroup.org site to help Spanish zoom meetings

March 24, 2025

This is a call back in response to log entry from Saturday the gentleman from Hamilton County who is looking for people to talk to. I called him back, got his vm, and let him know that we have four people on the district 13 list although they may not be very close by to him as we are not sure what part of Hamilton county he is living in. I gave him the number for the district 12 hotline for possible additional contact help. I asked him to call us back at our number and also my cell phone number if he is willing to leave his first name and phone number with the four contact people we have for district 13.