

A.A. Capital District Central Office (CDCO)

SAMPLE CALLS IN May 2025

The Central Office received 102 calls in May 2025. Beneath that cold number are these seven times when our AA volunteer's hand was there when a hand reached out for help.

May 5, 2025

First Time Caller

Man calling from Binghamton InterGroup looking for info establishing an overnight answering service

May 7, 2025

Judith R (415)xxx-xxxx; calling from Los Angeles CA area. She has called several times in the past; usually calling us because most of the answering services in her area use voicemail. She gave me her current status- just coming off a bender of several days, very anxious and worried about her condition- mentally, physically, financially, etc. I suggested she get to an ER to get evaluated for a detox, and hopefully she can get admitted and get away from the booze for a few days. I am somewhat familiar with her situation, as we have talked in the past. She thanked me from taking the call, and I wished her luck- letting her know she can call us any time.

May 7, 2025

First Time Caller

New to A.A.

Young man 4 days sober wanted mtgs in Hudson. Tried to explain how to use mtg finder with limited success-at least he has the web address and can screw around with it now. Gave him the GOYA grp for tonight.

May 10, 2025

First Time Caller
New to A.A.

Caller was seeking outpatient and meeting information for his female friend overheard in the background. Information on Hope House and St. Peter's provided. 24/7 women's meeting zoom information given. Also provided information about Center Promises meeting on State street today at 530 pm. Caller was grateful for all the information. He was told to call back if additional help was needed. Friend asked about how to find a sponsor and she was encouraged to ask for one when she attends the meeting today. On the phone with caller for approximately 15 minutes.

May 22, 2025

First Time Caller
New to A.A.

Caller (John) was in crisis, sitting outside of liquor store after leaving doctors office. Doctor told him his drinking is going to kill him, but he can't stop. We talked for a while and he is willing to go to a detox. I suggested that he call his wife and explain what's been going on. He has my number and I have his, hopefully we can get him to St.Peters today.

May 24, 2025

First Time Caller
New to A.A.

Man called requesting any mtg info near Durham NY. I advised him of Friday Cairo mtg and other ways of learning about mtg info on app, website etc.

May 27, 2025

First Time Caller
New to A.A.

Mother calling to get mtgs for her son who is new to AA. Gave her a speaker mtg for Saturday and the website for future reference. Kind of slim pickings for a newbie!