

# Capital District Central Office (CDCO)

## SAMPLE CALLS IN JUNE 2025

*The Central Office received 106 calls in June 2025. Beneath that cold number are these eight times when our AA volunteer's hand was there when a hand reached out for help.*

June 3, 2025

**First Time Caller**  
**New to A.A.**

Night Owl report

Inebriated man called three times in about 20 minutes. First call he said I want to speak to a counselor and hung up. Second call he hung up as soon as Andy answered. 3rd call he asked "How do you find peace?" Andy said that he stopped drinking and went through the steps. Guy hung up again.

June 4, 2025

Night Owl report

Same man from last night with alcoholic wife- told CDCO Volunteer more about his wife's issues- again asking about treatment and Al-Anon. CDCO Volunteer suggested he call the office later for more help.

June 6, 2025

**First Time Caller**

A woman from the San Francisco area called saying she is 2 months sober after 3 years in AA, nobody picks up the hotline in California. Her vehicle was repossessed overnight after he friend's payment for it bounced. She is not feeling to be in imminent danger of drinking or psychiatric-wise, but she is lonely and distressed. I said she should try to connect in California but she can call later. Her name is Judy (415)xxx-xxxx

June 6, 2025

**First Time Caller**  
**New to A.A.**

Josh, first-time caller, called for himself and his girlfriend, both want to start going to meetings. She is a daily drinker, he is a binge drinker. I told him about the NENYAA website and the Meeting Guide App and how to use them. I encouraged both him and his girlfriend to call us anytime, night or day. Josh was very grateful.

June 12, 2025

**First Time Caller**  
**New to A.A.**

Caller wanted to find out about some counseling. I explained that we don't do counseling, we have meetings, and he is welcome to attend any of them. We talked for 15 minutes about AA and what it offers. He seemed attentive and interested.

June 17, 2025

**First Time Caller**

Robert called looking for a mid-day meeting list close to Delmar area and potential rides to meetings. His phone number is (518) xxx-xxxx. He lives in xxxxxxxx Development in Delmar. We talked and found he would like to attend the following meetings:

Monday Noon  
Back on Track Group at the A-Frame

Wednesday Noon  
How It Works Group at the A-Frame

Friday Noon  
Not Yet Group at the A-Frame

Our Alternate Volunteer Coordinator Was going to follow up and see if he could find men who attend these meetings to provide a ride for our new friend.

June 24, 2025

***First Time Caller***  
***New to A.A.***

S..... called saying she wanted to know any rehabs or hospitals she could call to just talk to someone about her drinking. I suggested she try to call OASAS. I gave her their website and phone # for alcohol abuse support. They would talk with her and point her to someone who could best help. I suggested she could also talk with me right now if she wanted to. She said "great" and she would call me back.

June 30, 2025

***First Time Caller***

C..... called in distress. She's an alcoholic who was looking for support. Has a sponsor. Is afraid to go to a meeting because she says she is afraid of the people. Recommended that she call her sponsor, and also go to a women's meeting that is close to her. Also suggested Zoom meetings. Told her to call back if she needed to talk more.