

Capital District Central Office (CDCO)

SAMPLE CALLS IN JULY 2025

The Central Office received 106 calls in June 2025. Beneath that cold number are these eight times when our AA volunteer's hand was there when a hand reached out for help.

July 1, 2025

M----- calling from Michigan- looking for someone to assist in a bridge (BTG program). Oddly enough, I had already talked to Mike about volunteering for this, and he was happy that I answered the phone. He gave me the name and number of the guy who was looking for a contact, and he will let the guy know that he talked to me. I have the guy's name and number and will call him later.

Update- texted the guy; also named M----- will be meeting him tomorrow at George St speaker mtg.

July 2, 2025

R----- 518-xxx-0xxxx called looking for am ride to a mtg. Messages left for people. A----- will take him on Saturday. Still looking for other rides. [caller's address was provided]

July 4, 2025

First Time Caller
New to A.A.

R----- of [City] called he has a counselor he just got out of a month-long rehab he can drive he knows where meetings are he wanted us to reach out and get involved I gave him my personal number said I come up on my first day off from work on Sunday and said he can call whenever this should work out fine for him he wasn't in a tough situation at all but he is new to the rooms

July 7, 2025

First Time Caller
New to A.A.

Caller wanted help with her son's drinking wanted to do something . explained that her son has to make that decision for himself. Suggested Al-Anon may help her dealing with him provided phone number . Provided NYS OASAS phone to find a list of treatment facilities .mentioned if her son was willing to call we are here 24 -7

July 18, 2025

First Time Caller

Woman calling from unknown location, will be on vacation in vicinity of Brant Lake next week; recently sober and said she will be around a lot of drinking; looking for noontime mtgs in the area. She was concerned about internet access on her cell phone in that area. I texted her the list of noontime meetings with addresses for the week. She was very thankful!

July 21, 2025

First Time Caller
New to A.A.

S----- from Clifton Park called asking about resources available to determine if needs help with his drinking. He doesn't believe he's an alcoholic, but he would like to attend a few meetings to see if "he qualifies." I directed him to a few meetings in the Clifton Park area throughout the week and gave info about OASAS and told him to look up some rehabs and ask for an evaluation, if he thought that was appropriate. I gave him a lot of info about what goes on at meetings and what he could expect. He thanked us for our time and efforts to help.

July 29, 2025

First Time Caller
New to A.A.

J----- called from Hudson Falls . Wants to make a change in her life . Wanted information AA meetings {provided web site and found meetings in here area that she can attend} talked about the fellowship what to expect when she attends a meeting for first time. Reminded her she can back 24/7

July 31, 2025

First Time Caller
New to A.A.

Woman called to inquire about how AA worked. She has a daughter who is ready to start her journey in recovery however she is cross-addicted and Mom was trying to figure out what the best resources for her were as far as meetings were concerned. I spoke with her about the different types of meetings that are available within AA and explained that AA and NA are both 12 step programs but that was about all of the information that I could provide as far as NA was concerned. She became very emotional. Unfortunately, I did not get her name. I gave her information for the online meeting App and explained to her how to sort to find what might best suit her and her daughter. I suggested new-comer and women's meetings for her daughter but said that she would be welcome anywhere that wasn't specifically a men's meeting. I suggested ALANON as a resource for her. I also told her that she can call us 24 hours a day. Fred F., was here when I took the call. He was a great resource and reference for a call review upon completion.