

Capital District Central Office (CDCO)

Sample Calls in November 2025

The Central Office received **83** calls in November 2025. Within that dry statistic, below are eight samples of when our volunteers' hands were there to fulfill the AA Responsibility Pledge when a hand reached out for help.

- 1) J _____ from outside the region said she'll be in the Queensbury area for the weekend and is looking for meetings Friday night and Saturday night. I gave her one in Queensbury Friday night, and two in Lake George Saturday night. Also gave her the "Meeting Guide" app info. She appreciated us for being here.
- 2) M _____ called looking for a ride to a meeting. I told him he was calling kind of late (6:57 pm) but I would see what I could do about getting him hooked up for tomorrow. I left several voice messages on the District 3 12 step list, but the last guy on the list answered his phone. He told me that he knew M _____ and would give him a call later!! Small world!"
- 3) **First Time Caller**
L _____ was calling from Wynn Hospital in Utica. She is in the ER after falling and wants a visit from a member – she is very anxious about her situation. I called another CDCO member, who gave me the number for a District 9 contact. I called the District 9 contact and gave him L _____' s contact info. He was able to get hold of a woman who has called L _____ and will visit her. Thank you to the District 9 contact!
- 4) **First time caller**
New to AA
A man wanted to know how to look up meetings. He said he's computer-literate, so I told him about the NENYAA.org meeting finder and the meeting guide app for his phone. He said he will try out both. I told him to call us if he has any questions and that we answer the phone 24/7. He was glad to hear that.
- 5) M _____ called looking for suggestions for meetings in District 1 that might be good for a young man looking for support. Provided her information about Pine Grove Meetings, the Young Peoples meeting at St. Michaels on Monday nights and the As Bill Sees It meeting at noon on Sunday at the VA. Suggested that she call tomorrow and speak with the day person to get information on potential other meetings that might also be good for what she is looking for. She has the AA Meeting app on her phone.

Capital District Central Office (CDCO)

Sample Calls in November 2025

- 6) S _____ called, she admitted she has problems with alcohol. She is willing to attend meetings. We talked about the fellowship and what to expect when you attend AA meetings. She needs rides to meetings. She will feel more comfortable attending noon-time meetings. Told her I will have a woman in the program call her back tomorrow morning to help her get to meetings and answer any questions she may have. I will talk to L _____ about lining up someone to call her.

The next day on 11/19 - In reference to the call yesterday from S _____, L _____ called M _____, who will call S _____ right away to arrange to bring her to an 11:00 Woman's meeting on Friday - a perfect place for S _____ to meet other women and get numbers for rides and support.

- 7) **First Time Caller**

Caller just moved to the area looking for meetings. I was able to find meetings for today and tomorrow that she could attend, I also told her about the Alkathon in East Greenbush. I provided website information and reminded her we are here 24-7 – and she can call back at any time.

- 8) **First Time Caller**

New to AA

A _____ called from the Utica area. She realizes that she has a drinking problem and wants help. I directed her to the area 48 website for meeting information and asked her to call back tomorrow for a number for someone to take her to her 1st meeting.

The next day on 11/28 – A _____ called from Utica. I gave A _____ the rundown on what to expect at a meeting; also gave her our website and instructions on how to find meetings. She wanted to know if somebody could meet her at a meeting. I let her know that I would be contacting somebody on the District 9 12th Step list.

Called E _____ (only person on the list so far). She took A _____'s phone # and said she would call her today to arrange to meet. Thanks to E _____! I called A _____ back to let her know.