

# Capital District Central Office (CDCO)

## Sample Calls in April 2026

The Central Office received **79** calls in April 2026. Below are nine samples of our volunteers' efforts to carry the AA message.

- 1) J \_\_\_\_\_ called asking for meetings in the Schenectady area at 7:00 pm or later for the next few days. I offered him 3 or 4 meetings each day through Friday and he selected the ones that were close to him. I gave him the website info and the app info, as well.
  
- 2) **First Time Caller**  
Caller was looking for meeting schedules for District 14 (Schenectady). I directed her to the Area 48 website meeting finder ([nenyaa.org](http://nenyaa.org)) and told her how to find the District 14 meeting schedule by day of the week. I showed her how to look up all types of meetings, and locations. She said that's what she was looking for. Thanked us for being here.
  
- 3) **First Time Caller**  
**New to AA**  
N \_\_\_\_\_ called from Fulton County. He's a recently discharged vet currently in what he describes as a recovery program which involves participants talking to a doctor once a week and taking breathalyzers periodically to prove they are sober. He says he is currently having problems with his wife, who is convinced that he is sneaking drinks. He's not sure what to do about that. I talked with him for a while. I asked him if he'd gone to AA, and he was unfamiliar with AA. I told him about the Sunday meeting at the Veterans Administration hospital here in Albany and suggested that he give that a shot. He sounded interested, and I am hopeful to see him this coming Sunday!
  
- 4) **First time caller**  
**New to AA**  
T \_\_\_\_\_ is a social worker in the Hispanic community in Albany and has a number of clients looking for Spanish AA meetings. I gave her the phone numbers of Maria E, Liz E, and John G-T, as they are advertised on our bulletin board as Spanish speaking contacts. I told her I don't know of any Spanish-speaking meetings except for phone meetings, but maybe one of the three contacts I provided could give her some direction. **[UPDATE: It was just announced at the 5/4/26 District 1 meeting that a new SPANISH SPEAKING meeting is starting up this Saturday, May 9<sup>th</sup>. It is the "Un Dia A La Vez" meeting being held from 12:00 noon to 1:00 P.M. at the Walls Temple AME Church, 27 Delaware Street.](#)**

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5) **First Time Caller**

New to AA

M \_\_\_\_\_, a 73-year-old female called and wants to stop drinking. She's never been to AA. She moved to be near family 5 years ago and now is not involved with them. I promised a call back from a female. The caller will need a ride.

6) **First Time Caller**

A man just out of treatment was looking for meetings in Capital District area. I gave him the Siena Serenity Group and explained what building it was in. He was very glad for the information, and to learn that we answer the phone 24/7.

7) **First Time Caller**

New to AA

Caller was asked by a friend to accompany her to an AA meeting for support. Caller was looking open meetings, and I found a meeting for this evening that she thought her friend would like to attend. I told her that her friend could call us at any time. I mentioned we could have a woman in the program call her friend if she would like.

8) **First Time Caller**

New to AA

Man says his son-in-law got a DUI yesterday- wants him to go to an AA mtg before he'll let him drive his kids anywhere. He wanted a meeting in Clifton Park. I gave him the Peaceful Happy Hour Group at Shenendehowa at 5:30.

9) **First Time Caller**

A long time (30+ years) sober dad called looking for meeting lists for Utica area for his daughter. I gave him NENYAA website meeting finder and guided him using it. I suggested the ALANO Club might have meeting lists. He was grateful to have the website and meeting finder information.

Respectfully Submitted  
CDCO Data Coordinator  
Gene R.